

# MediQi Practitioner Training Certification



**Called to a career in Energy Medicine?**

**Or seeking answers on your own health journey?**

Whether you are a newcomer to Energy Medicine, looking to enhance your current skills, or feeling inspired to **explore the wisdom of ancient practices**, this is the **best & only training of its kind in the world.**

## **PROGRAM SNAPSHOT**

**Duration:** 8 months

**Mode:** Live & Interactive

**Delivery:** 4 Levels & Practice Days  
(with option to complete level 1 only)



# Why MediQi?

While many modern practices focus on treating symptoms (often detaching us from the root causes of our pain), a **MediQi session aims to not only alleviate symptoms, but identify and correct the root cause/s of dis-ease and disharmony** - guiding the body back to a state of balance & homeostasis promoting lasting health, vitality, and longevity.

MediQi Therapy recognizes that dis-ease, disorder, and disharmony are not random occurrences or the result of external pathology, but rather manifestations of imbalances in the flow of Qi—the vital life force energy that circulates through all organs and systems of the body. **When this flow is blocked, disrupted, or weakened, physical ailments, emotional turbulence, & spiritual distress can arise.**

A MediQi session opens the flow of Qi along the meridian channels (used in acupuncture), guiding the body back to a state of balance and homeostasis, **stimulating the body's innate ability to heal itself.**

Whether you're new to the ancient ways,  
or called to expand & deepen your work..

This is a professional practitioner training that weaves  
four levels in it's curriculum, to move at a pace that  
honours the seasons and **gifts you enough time to feel  
confident & competent in this body of Qi work.**



*you're invited to:*

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# The Foundation of Qi

# 1

## The Beginners Guide To The Galaxy

**Duration:** 4 day workshop + 3 practice days

**Pre-requisites:** None

### Eight Core Modules:

#### 1. Understanding the Role of Illness, Dis-ease & Healing [Theory]

- What is 'purpose' and why dis-ease illuminates our path and awakens our calling?
- What is healing and health and why have we lost our way?
- What is destiny and why are we searching for it?
- Why (and how) suffering opens up spiritual passageways in the body
- Our quest to be aligned and the aimless chase for more energy

#### 2. The Four Bodies [Theory]

- What Role Do the Four Bodies Play in Healing?
- The Four Bodies: The "I" / Higher Self / Spirit Self, Astral, Etheric & Physical Body
- The Elements Connection to Our Four Bodies

#### 3. Yin & Yang, Qi & Blood [Theory]

- The Two Poles We Dance Between: The Yin / Yang Theory
- What is Qi, where does it come from and why does it matter?
- Types of Qi: LifeForce Qi, Source Qi, Nourishing Qi, Protective Qi & Working Qi
- How is blood created and why is the blood important?

#### 4. Handing Ourselves Back to Nature: The Five Element Theory [Theory]

- The Five Element Theory, Homeostasis & Harmony
- The Five Elements (Fire, Earth, Metal, Water & Wood)
- The Five Pathos / "Evils": The Root Cause of All Dis-ease
- The Struggle cycle
- The Life cycle

#### 5. The 12 Channels & 60 Hollows [Theory]

- The 12 Organ Channels of the Body
- The 60 Command Hollows of the Body
- The deeper meaning of the channels & hollows and what they say about the health of an individual

# 1

## **6. The Organs & Their Deeper Meanings [Theory]**

- The 5 Organ Spirits and their 5 Virtues
- What Lurks in The Mist: The Effect of our Emotions on the Physical Body
- Liver & Gall Bladder: The Wood element
- Heart, Small Intestine, Pericardium & Triple Heater: The Fire element
- Spleen & Stomach: The Earth element
- Lungs & Large Intestine: The Metal element
- Kidney & Bladder: The Water element

## **7. Diagnostic Tools + Body Awareness Techniques (Part 1) [Practical]**

- The One Pulse: How to read the pulse and give light to what people are stuck in
- Reading The Body: Sun, Moon, & Earth Vision
- Our Extra-sensory Perception: What we know beyond what we think

## **8. The Healing Power of Qi: Bringing Harmony Back Into The Body (Part 1) [Practical]**

- The Standard Root Technique: Wife / Child, Mother and Husband Relationships
- The Standard Chinese Clock Technique

### **Includes:**

- Comprehensive manual
- Morning & afternoon tea each day
- Book: 'Awaken the Qi Within' by Greg Williams
- Laminated poster of 5 Element diagram, channels & hollows
- Full support via Whatsapp group with direct contact to Stephen

*Upon completion of the level 1 you will leave with an understanding & ability to use the Standard Root Technique and Chinese Clock Technique on friends and family. You will not be labelled a qualified MediQi Practitioner, however the comprehensive information received in this workshop will set you up with a much deeper understanding of how the body works, gifting you with priceless information that will contribute to your own healing / health journey (and current clients if applicable).*

**All welcome to attend level 1, whether you plan on completing the full certification or not.**

# Who would benefit from completing level 1?

## The **Curious**

seeking answers on their own health journey or learning about the ancient ways

## The **Passionate**

about health & well-being and / or being of service to others

## The **Professionals**

bodyworkers, movement therapists, healthcare professionals, energy healers, TCM practitioners etc looking to add to their current skillset

## & **Those Desiring to Thrive**

and no longer survive

*you're invited to:*

[BOOK YOUR PLACE >](#)

# The Techniques of Qi

# 2

## Becoming A Technician of Qi

**Duration:** 4 day workshop + 2 practice days

**Pre-requisites:** Level 1

### Four Core Modules:

#### 1. Connecting Heaven, Earth & Self [Theory]

- The Three Dantian Fields of the Body: Lower, Middle & Upper
- Hidden Essence YuJing: The 3 Ethereal Souls
- Fusion of Jing & Shen

#### 2. Diagnostic Tools + Body Awareness Techniques (Part 2) [Practical]

- Advanced Pulse Reading: the 3 Heaters of the Pulse + Organs

#### 3. The Healing Power of Qi: Bringing Harmony Back Into The Body (Part 2) [Practical]

- The Advanced Root Technique: Brother & Lover Relationships, and Decrease
- The Transporting Technique: Removal of Pathogens from the Body Stream

#### 4. Fascia Rejuvenation Techniques [Practical]

- Moxibustion and Chinese Clock

### Includes:

- Comprehensive Manual
- Morning & Afternoon tea each day
- Moxibustion tool kit (everything you require to moxa from home)
- 2 extra practice days following the 4-day workshop
- Full support via Whatsapp group with direct contact to Stephen



# The Inner Sanctum of Qi

## Changing Fate To Destiny

**Duration:** 4 day workshop + 2 practice days

**Pre-requisites:** Level 2

### Three Core Modules:

#### 1. Clearing the Unconscious: The INNER Four Extra-Ordinary Channels of Qi (Part 1) [Theory]

- The Inner Four Extra-Ordinary Channels of Qi: Chong Channel (The Great Thoroughfare), Du Channel (The Governing Vessel), Ren Channel (The Conception Vessel) & Belt Channel (The Girdle Vessel)
- How To Work With Each Channel
- Philosophies of Each Channel

#### 2. The Healing Power of Qi: Bringing Harmony Back Into The Body (Part 3) [Practical]

- The Advanced Chinese Clock Technique
- Clearing the Great Thoroughfare (Chong Channel): Opens the Great Way between Earth & Heaven - Reconnects us to Source Qi ("child-like" energy). Births our Essence spirit core. Stabilizes center. Alleviates urgency and urgent pain - lost wholeness, lost inner peace, feeling of separateness, worry, sadness, anger, anxiety. Replenishes Source qi stores. Clears deep blockages caused by forgotten trauma.
- Clearing the Governing Vessel (Du Channel): Strengthens the spine and nourishes the brain. Clears stiffness in the back, neck and head, by unblocking flow of Qi up the spine. Calms hot wind blowing up the spine creating anger and rash thinking.
- Clearing the Conception vessel (Ren channel): Clears qi stagnation, knotting and physical lumps taking up deep root in the living tissue of our yin organs; as well as mental and emotional lumps residing deep within our body - a knotting of blocked expression.
- Clearing the Girdle Vessel (Belt / Dai Channel): Helps hold our precious Source Qi and Essence, preventing it from spilling wastefully out. Harmonises wood element. Clears deep unresolved trauma, viruses and spirit entities that are hiding deep inside our core.

#### 3. A Complete Session: Weaving the Elemental, Transporting & Extra-Ordinary Techniques (Part 1) [Practical]

# 3



# The Outer Sanctum of Qi

## Connecting Your Subtle Body to The Stars

**Duration:** 4 day workshop + 2 practice days

**Pre-requisites:** Level 3

### Three Core Modules:

#### 1. Clearing the Unconscious: The OUTER Four Extra-Ordinary Channels of Qi (Part 2) [Theory]

- The Outer Four Extra-Ordinary Channels of Qi: Yin Net, Yang Net, Yin Motility & Yang Motility Channels
- How To Work With Each Channel
- Philosophies of Each Channel

#### 2. The Healing Power of Qi: Bringing Harmony Back Into The Body (Part 4) [Practical]

- The Advanced Transporting Technique
- Clearing Yin Net Channel: Tonifies blocked / stagnate blood and working Qi, and clears inner Yin organ channels.
- Clearing Yang Net Channel: Our outer Qi shield. Protects us from (and defends against) outer environmental forces and attacks; lets natural Qi (and love) in and keeps pathogenic Qi out. Helps clear Spirits Way to the infinitely expanding heavens.
- Clearing Yin Motility Channel: Rejuvenates our reserve. Calms the brain. Grounds and nourishes essence. Draws Qi down and inwards, sinking the brain back down into the body. Connects us to the Earth. Gives us our natural calm.
- Clearing Yang Motility Channel: Expands Qi out of the brain center. Connects us to the heavens. Awakens our spirit. Boosts our energy. Gives us our natural high.

#### 3. A Complete Session: Weaving the Elemental, Transporting & Extra-Ordinary Techniques (Part 2) [Practical]

##### Includes:

- Comprehensive Manual
- Morning & Afternoon tea each day
- Laminated poster of all 4 outer Extra-Ordinary channels
- 2 extra practice days following the 4-day workshop
- Full support via Whatsapp group with direct contact to Stephen

# 4



# In just 8 months you could be...

- **Fluent in the language of the body**, with a grounded understanding of the 5 Element Theory and the root cause of dis-ease and disharmony.
- **Deepening your trust and connection to Self**, and more fully understanding the interplay of all your forms - physical, mental, spiritual, emotional.
- **Connected to a supportive community of mentors & peers** who believe in your abilities (and desire to see you thrive).
- **Effortlessly guiding powerful client sessions**, using structured (and grounded) frameworks that allow you to facilitate deep transformation & empower clients.
- **Confident in your skills as a practitioner**, and a strong conviction in the value of your offerings.
- **Welcoming in clients** and creating a career built on serving others.

*you're invited to:*

[\*\*BOOK YOUR PLACE >\*\*](#)

金  
木  
水  
土  
火

# How is the program delivered?

each of the 4 levels consists of:

## **1 x Workshop**

**delivered over 3 days**

Scientific & Spiritual theory underpinnings  
Practical component and demonstrations  
Each level builds upon the last

*and*

## **3 x Practice Days**

**held weekly after workshop**

To master skills taught in previous workshop  
A safe space to practice on peers  
Integrate & use (rather than lose) new sequences



"Just as an astronomer uses a telescope to explore the stars, MediQi teaches us how to navigate the intricate universe of the human body with our felt sense **to uncover (and replenish) the essence of life within it.**"

*Stephen Monteleone*

# Program Investment

Per Level - Pay As You Go

795  
early bird

*or*

995  
full price

Full Certification Training

535  
month for 6 months

*or*

2995  
pay in full

Pricing in AUD

Whether you are a newcomer to Energy Medicine, looking to enhance your current skills, or feeling inspired to explore the wisdom of ancient practices...

*you're invited to:*

[BOOK YOUR PLACE >](#)

*or*

[BOOK A SESSION >](#)

Find dates & locations of **future workshops here.**  
Or call Stephen to answer further questions you may have.

